

MAIN MEAL MENU

**07 NOVEMBER
SUNDAY**

**08 NOVEMBER
MONDAY**

**09 NOVEMBER
TUESDAY**

**10 NOVEMBER
WEDNESDAY**

**11 NOVEMBER
THURSDAY**

Meat Option

**Roasted Chicken in
Tomato Sauce &
Roast Potato**

**Beef Lasagne &
Corn on the Cob**

**Chicken with a
Tomato Basil Pasta
& Green Peas**

**Chicken Biryani
Raita**

**Beef Goulash &
Rice**

Vegetarian

**Mac & Cheese /
Green Peas**

Street Style Noodle

**Vegetable Fried
Rice & Roasted veg**

**Vegetable Pulao &
Raita**

**Roasted veg &
Creamy Pasta**

**14 NOVEMBER
SUNDAY**

**15 NOVEMBER
MONDAY**

**16 NOVEMBER
TUESDAY**

**17 NOVEMBER
WEDNESDAY**

**18 NOVEMBER
THURSDAY**

Meat Option

**Thai Chicken Curry
& Rice**

**Beef Yakisoba &
Salad**

**Madras Chicken
Curry & Rice**

**Beef meatball/
Couscous**

**Chicken Biryani &
Raita**

Vegetarian

**Baked veg Tomato
Sauce Pasta &
Sweet Corn**

**Spinach Lasagne &
Garlic Bread**

**Creamy Pasta/
Roasted Veg**

Veg Pancit

**Vegetable Biryani
with Raita**

HOT & COLD CLASSROOM DELIVERY MENU

BREAKFAST SNACK MEAL – AED 15

CHOOSE 1 BREAKFAST SANDWICH, 1 SNACK & 1 DRINK

BREAKFAST

SUNDAY – 14/11

Turkey Cheese Croissant
Or
Spinach Feta Breakfast Wrap

Yogurt Pot or Slice Fruit

Milk or Water

MONDAY – 15/11

Turkey Cheese Croissant
Or
Spinach Feta Breakfast Wrap

Yogurt Pot or Slice Fruit

Milk or Water

TUESDAY – 16/11

Turkey Cheese Croissant
Or
Spinach Feta Breakfast Wrap

Yogurt Pot or Slice Fruit

Milk or Water

WEDNESDAY – 17/11

Turkey Cheese Croissant
Or
Spinach Feta Breakfast Wrap

Yogurt Pot or Slice Fruit

Milk or Water

THURSDAY – 18/11

Turkey Cheese Croissant
Or
Spinach Feta Breakfast Wrap

Yogurt Pot or Slice Fruit

Milk or Water

CHOOSE 1 SANDWICH

CHOOSE 1 SNACK

CHOOSE 1 DRINK

LUNCH MEAL OPTION – AED 20

(Choice of Lunch Meal hot or cold salad and inclusive of Snack, Whole Fruit & Drinks)

LUNCH

SUNDAY – 14/11

Thai Chicken Curry & Rice

Baked veg Tomato Sauce Pasta
& Sweet Corn

Sundried Tomato Pesto Pasta

Mini Muffin

Whole Fruit

Apple Juice or Water

MONDAY – 15/11

Beef Yakisoba & Salad

Spinach Lasagne & Garlic
Bread

Greek Salad

Mini Muffin

Whole Fruit

Apple Juice or Water

TUESDAY – 16/11

Madras Chicken Curry & Rice

Creamy Pasta/ Roasted Veg

Sundried Tomato Pesto Pasta

Mini Muffin

Whole Fruit

Apple Juice or Water

WEDNESDAY – 17/11

Beef meatball/
Couscous

Veg Pancit

Greek Salad

Mini Muffin

Whole Fruit

Apple Juice or Water

THURSDAY – 18/11

Chicken Biryani & Raita

Vegetable Biryani with Raita

Sundried Tomato Pesto Pasta

Mini Muffin

Whole Fruit

Apple Juice or Water

HOT MEAL MEAT OPTION

HOT MEAL VEG OPTION

SALAD COLD OPTION

SNACK/PASTRY

FRESH WHOLE FRUIT

DRINKS OPTION