



# Infant Community Catch-Up

## 14 October 2022

### Important Dates

- **Monday 17th October - Friday 21st - Half Term**
- **Monday 24th October - Happy Diwali**
- **Tuesday 25th October - Parent Workshop: Infant & Junior (Maths)**
- **Wednesday 26th & Thursday 27th October - Parents Evening (Primary)**
- **Thursday 27th October - Workshop: Foundation Stage Science**
- **Monday 31st October - School Photos**

## Our Values for this week - Empathy

This week, Mrs Foster led the Year 4 and 5 Assemblies. During her assembly, she shared a video about a boy who one day wore a Storm Trooper mask into class, not as a joke or to be disrespectful but to hide the oxygen mask on his face. He felt embarrassed and did not want the rest of the class mates to see his oxygen mask. However, when he returned to school the following day, all his classmates wore the same mask to make him feel comfortable. They had recognised the previous day's struggle for their friend and decided they had to help. By acknowledging the feelings of others, we are practising empathy and making our school a happier place.

Empathy is knowing how someone else feels, even when you aren't in the same situation. Something we call empathy is being able to "put yourself in someone's shoes" and see things from their views. It is about sharing emotions; for example, have you ever been with a friend who just got a new toy, and they're so excited that you get excited too because you understand how exciting it is to get a new toy!

*"Empathy is seeing with the eyes of another, listening with the ears of another, and feeling with the heart of another"* Anonymous

### Signs of Success:

#### Congratulations, you are showing empathy when you:

- Listen to what others have to say
- Acknowledge other's feelings
- Share how you feel
- Put yourself in someone else's shoes
- Treat others how you want to be treated

#### Acknowledging empathy sentence openers:

- Thank you for
- I can see that you are feeling...
- I am sorry you feel that way...

### Practising Empathy

- I listen thoughtfully to others.
- I share how I feel.
- I can recognise when my friend is feeling sad.

Have a wonderful half-term break, and remember to keep sharing and celebrating the values in the many learning moments across the holiday.

## Letter From The Primary Headteacher



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*Click [here](#) to download the letter*

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## Letter from Head of Infant School



Dear community,



At the end of the first half term, I would like to express how proud I am of all of the children for not only settling into a new year, but also being hardworking hippos, realizing rhinos and creative crabs among other things.

I have watched the children focus on kindness as a theme across the term and begin to recognize when they are empathetic and compassionate towards their peers.

As I look towards next term there are so many wonderful opportunities for the children planned to help them grow as individuals. We look forward to you being involved in these as part of our community as well.

Please remember the importance of keeping your child's attendance as high as it can be, giving them the best chance they can have to achieve their potential.

Whether you are travelling or staying here in the UAE we wish you a restful half term break.

## Key Information





Canon Juniors Academy  
**PHOTOGRAPHY  
WORKSHOP**

**Date** : 17-21st OCTOBER 2022  
**Location:** GEMS WELLINGTON INTERNATIONAL SCHOOL  
DUBAI  
**Time** : 9AM-12PM  
**Cost** : 800AED (+VAT)

**Basics of  
Photography**

**Shutter Speed  
Aperture  
ISO  
Light  
Composition**

**DURING THE WORKSHOP  
EACH STUDENT WILL RECEIVE:**

- CANON 4000D FOR DURATION OF WORKSHOP
- A WORKBOOK TO BE COMPLETED THROUGH THE WORKSHOP
- A CANON T-SHIRT
- A CANON VOUCHER TO PURCHASE THE CANON 4000D CAMERA FOR 900AED (RRP 1600AED)
- A CANON CARRY BAG

**AGE GROUP  
SUITABLE FOR 8-16**

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# MATHS WORKSHOP

After half term on Tuesday, 25th October there will be a parent workshop for you to find out more about the teaching of Primary Maths at Metropole. You will also learn about ways you can support your child at home with Maths. The session will be delivered by our Head of Maths, Debbie Simpson and our Deputy Head of Maths, Sean Sweeney. You are invited to join the meeting by clicking on the link below at the appropriate time.

Parent Workshop Infant and Junior School - Maths,  
Tuesday, 25th October 2022: 5.30 - 6.30pm



1 -

- Click here for the link: [Maths Parent Workshop](#)

## Attendance Matters

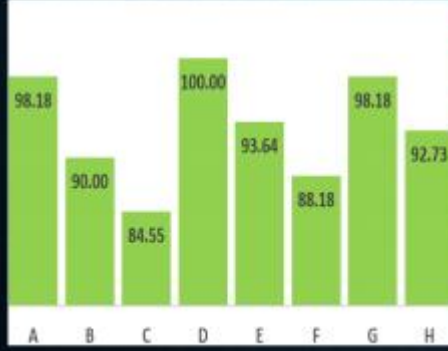
Every week we will be sharing these figures with you. In assembly the children will be awarded with a cup for the highest attendance. Please remember how important attendance at school is for your child.

Well done for **Outstanding Attendance for FS1-D & Year 4G**



# FS1 Attendance League

7<sup>th</sup> Oct to 13<sup>th</sup> Oct



100%	Outstanding	+ 5 Bonus Points
+98%	Very Good	+ 3 Bonus Points
+96%	Good	+2 Bonus Points
+90%	Requires Improvement	0 Bonus Points

Year	LEAD	Per (%)	Position	Points	Bonus points	Weekly Total	Grand Total
FS1	A	98.18	3 <sup>rd</sup>	7	3	38	48
	B	90.00	6 <sup>th</sup>	3	0	17	20
	C	84.55	8 <sup>th</sup>	1	0	11	12
	D	100.00	1 <sup>st</sup>	8	5	21	34
	E	93.64	4 <sup>th</sup>	5	0	32	37
	F	88.18	7 <sup>th</sup>	2	0	12	14
	G	98.18	3 <sup>rd</sup>	7	3	29	39
	H	92.73	5 <sup>th</sup>	4	0	10	14



# FS2 Attendance League

7<sup>th</sup> Oct to 13<sup>th</sup> Oct



100%	Outstanding	+ 5 Bonus Points
+98%	Very Good	+ 3 Bonus Points
+96%	Good	+2 Bonus Points
+90%	Requires Improvement	0 Bonus Points

Year	LEAD	Per (%)	Position	Points	Bonus points	Weekly Total	Grand Total
FS2	A	98.18	5 <sup>th</sup>	12	3	28	43
	B	98.18	5 <sup>th</sup>	12	3	21	36
	C	94.32	10 <sup>th</sup>	4	0	20	24
	D	98.18	5 <sup>th</sup>	12	3	27	42
	E	94.55	9 <sup>th</sup>	7	0	18	25
	F	91.82	12 <sup>th</sup>	2	0	35	37
	G	89.91	13 <sup>th</sup>	1	0	63	64
	H	93.64	11 <sup>th</sup>	3	0	12	15
	J	97.14	6 <sup>th</sup>	8	2	27	37
	K	98.18	5 <sup>th</sup>	12	3	48	63
	L	99.09	1 <sup>st</sup>	13	3	20	36
	M	94.55	9 <sup>th</sup>	7	0	49	56
	N	94.55	9 <sup>th</sup>	7	0	45	52



# Year 1 Attendance League

7<sup>th</sup> Oct to 13<sup>th</sup> Oct



100%	Outstanding	+ 5 Bonus Points
+98%	Very Good	+ 3 Bonus Points
+96%	Good	+2 Bonus Points
+90%	Requires Improvement	0 Bonus Points

Year	LEAD	Per (%)	Position	Points	Bonus points	Weekly Total	Grand Total
Y01	A	92.86	8 <sup>th</sup>	2	0	17	19
	B	99.29	1 <sup>st</sup>	9	3	26	35
	C	96.30	4 <sup>th</sup>	6	2	36	44
	D	98.44	2 <sup>nd</sup>	8	3	13	24
	E	94.81	7 <sup>th</sup>	4	0	30	34
	F	92.59	9 <sup>th</sup>	1	0	33	34
	G	97.14	3 <sup>rd</sup>	7	2	20	29
	H	94.81	7 <sup>th</sup>	4	0	9	13
	J	95.00	5 <sup>th</sup>	5	0	28	33





# Year 2 Attendance League

7<sup>th</sup> Oct to 13<sup>th</sup> Oct



Year	LEAD	Per (%)	Position	Points	Bonus points	Weekly Total	Grand Total
Y02	A	96.43	9 <sup>th</sup>	4	2	29	35
	B	96.43	9 <sup>th</sup>	4	2	11	17
	C	97.14	5 <sup>th</sup>	5	2	19	26
	D	97.86	3 <sup>rd</sup>	7	2	46	55
	E	98.57	1 <sup>st</sup>	9	3	44	56
	F	96.43	9 <sup>th</sup>	4	2	13	19
	G	98.52	2 <sup>nd</sup>	8	3	21	32
	H	96.43	9 <sup>th</sup>	4	2	23	29
	J	97.24	4 <sup>th</sup>	6	2	18	26

100%	Outstanding	+ 5 Bonus Points
+98%	Very Good	+ 3 Bonus Points
+96%	Good	+ 2 Bonus Points
+95%	Requires Improvement	0 Bonus Points

## Oxford University Press Story Writing Competition



Fancy honing your writing skills over the October Half-term Break; attend The Emirates Literacy Foundation festival and have your work published in an anthology of short stories?

Then why not take part in the Oxford University Press Story Writing Competition. The inspiration for this year's theme is 'Old Friends.'

Entries can be submitted in English and Arabic, in a range of categories from 11 and under and all the way up to 18 – 25 years of age.

The deadline to submit your story is 24 October 2022.

More information can be found at  
<https://www.elfdubai.org/en/story-writing-competition>

## ESM Extra Curricular Activity Notice





# TERM 1

**MON – THUR:**  
**FS Timing 13:00 – 14:00**  
**15:15 – 16:15**

**FRI:**  
**12:15 – 13:15**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>FOOTBALL</i> Yr1 – Yr6	<i>GYMNASTICS</i> FS1 – FS2	<i>KUNG FU</i> Yr1 – Yr6	<i>GYMNASTICS</i> Yr1 – Yr6	<i>BASKETBALL</i> Yr1 – Yr6
<i>MULTI-SPORT</i> FS1 & FS2 Yr1 to Yr4	<i>TENNIS</i> Yr1 – Yr6	<i>BILDITS</i> WORKSHOP Yr2 – Yr7	<i>TENNIS</i> FS1 – FS2	<i>BADMINTON</i> Y1 – Y13
<i>PARKOUR</i> Yr1 – Yr6	<i>STEM TECHNOLOGY</i> & EXPERIMENTS Y1 – Y9		<i>JIU JITSU</i> Yr1 – Yr6	<i>BALLET</i> Yr1 – Yr9
<i>FINE ARTS</i> Y1 to Y13			<i>STEM ROBOTICS &amp;</i> <i>CODING</i> Yr1 – Yr11	<i>DANCE</i> FS1 & FS2

[info@esm.ae](mailto:info@esm.ae)

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## HALF-TERM HOLIDAY CAMP

Early Bird Special -25% off on a full week's booking

Valid till 26<sup>th</sup> September 2022

 10<sup>th</sup> - 21<sup>st</sup> October 2022

Register for a full week and receive a discount of 25%. (AED675/week after discount) \*Ts & Cs apply

- Single transactions only
- No siblings discounts on early bird offers
- No discount codes needed – just register and receive our early bird offer!

Don't miss out on the fun, exciting and safe activities taking place over the half term break - places are limited!

For more information, please contact [holidaycamp@esm.ae](mailto:holidaycamp@esm.ae) or WhatsApp us on 050-3611547


#ESMHolidayCamp #HalfTermCamp #HalfTermCampDubai  
#DubaiHalfTerm #DubaiHolidayCamp #SchoolBreak #HolidayCamps  
#MultiActivityCamp

**To register, please click the link below.**

2 - [REGISTRATION LINK](#)



## Mustang Squad Results




GEMS Metropole School  
HOTOR CITY

### Mustang Squad Results

Fixture	Result	Most Valuable Mustang
U16 Girls Football v WSD	1 - 1	Cara Myatt
U16 Boys Football v WSD	6 - 1	Faisal Al Noor
U19 Boys Basketball v DC B	38 - 39	Renz Lupain
U12 Boys Football v DBS	2 - 2	Raef Sharik Ali
U12 Girls Football v GFS	3 - 1	Sophia Oliveria
U19 Girls Basketball v Nord	30 - 9	Nour Farid
Primary Swim Gala	4th	
Secondary Swim Gala	2nd	
U19 Boys Football v GWA	2 - 3	Luca Simunac
U19 Girls Football v JESS B	0 - 5	Nancy Ndjom
U14 Boys Football v Choueifat	0 - 1	Bilal Massacuti

For more information please give us a follow on Instagram!  
@metropole\_mustangs



## Forest School

Year 1 carried on their learning about hedgehogs and hibernation and completed a variety of challenges. From playing the 'hedgehog' game, creating natural hedgehog art, building homes for the hedgehogs to hibernate. The children also tried to think of different ways hedgehogs could cross the dangerous roads. However I think you'll agree, their potato peeling skills and decorating hedgehogs was their highlight!











Foundation Stage 1













Foundation Stage 2









PIC•COLLAGE



PIC•COLLAGE





PIC•COLLAGE



PIC•COLLAGE

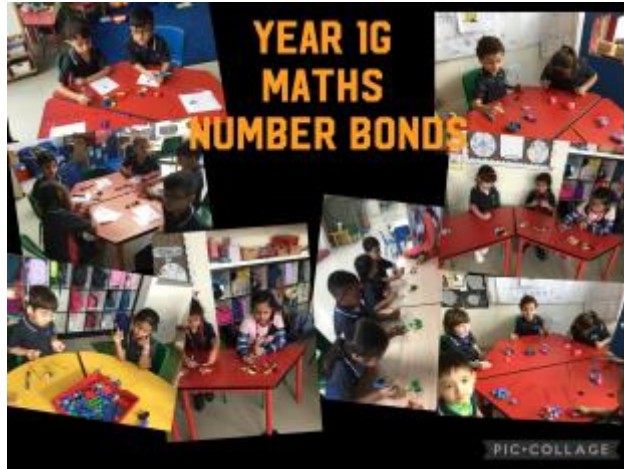


## Year 1





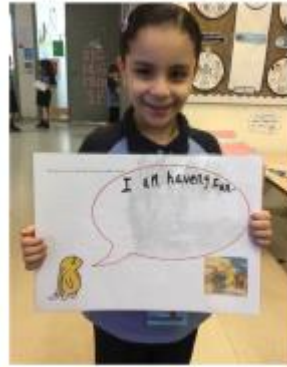












1A PINK DAY



PIC-COLLAGE







Year 2

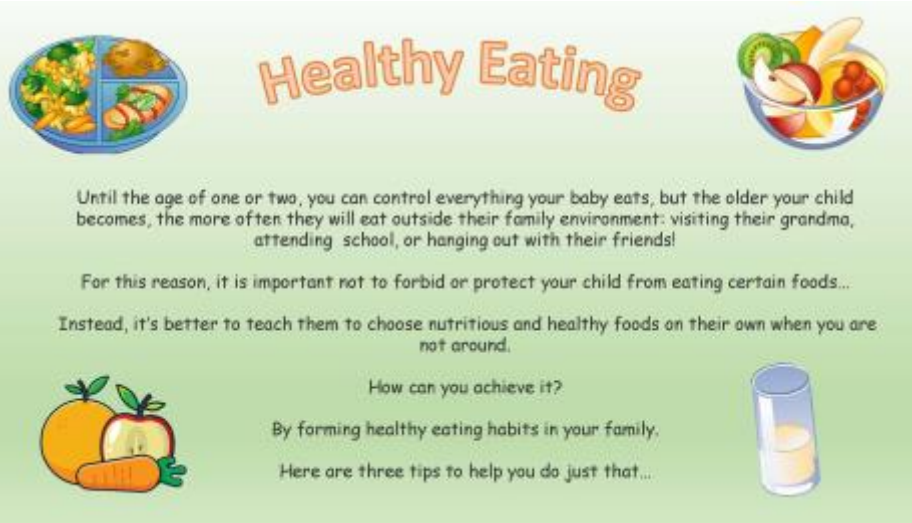








## Care & Support



**Healthy Eating**





Until the age of one or two, you can control everything your baby eats, but the older your child becomes, the more often they will eat outside their family environment: visiting their grandma, attending school, or hanging out with their friends!

For this reason, it is important not to forbid or protect your child from eating certain foods... Instead, it's better to teach them to choose nutritious and healthy foods on their own when you are not around.

How can you achieve it?

By forming healthy eating habits in your family.

Here are three tips to help you do just that...



**Healthy Eating  
3 Top Tips for Parents!**

- 1. Eat together**
  - Children who eat meals with their families at home have better quality diets and higher intake of fruits and vegetables.
  - Remove any distractions such as TV or iPads from the dinner table.
  - Enjoy time together as a family and talk about fun things that happened during the day.
- 2. Tell your child about what makes a healthy eating plate**

The diagram shows a plate divided into sections for Grains, Protein, Fruits, and Vegetables. It also includes a glass of milk and a can of water. Text labels include 'Kid's Healthy Eating Plate', 'Grains', 'Protein', 'Fruits', 'Vegetables', and 'Milk'.
- 3. Eat Breakfast**
  - Most children eat breakfast because their parents give it to them or it is part of the family morning routine. But the breakfast habit can soon slip with teenagers...
  - Even if it is just a banana and a glass of milk, teach your child that some food in their stomach kick-starts the body for the day, making it easier to control weight and giving them energy for work, study and play!





## Jewels of Kindness



DIAMOND  
LEADERSHIP

# CERTIFICATE OF ACHIEVEMENT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Larine Nouredin FS1A  
Numaya Herath FS1B  
Celina Elsayed FS1C  
Juman Al Kubaisi FS1D  
Olivia Alkousi FS1E  
Rajita FS1F  
Berna FS1H  
Mohammad Yousuf FS2J



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RUBY  
EMPATHY

# CERTIFICATE OF ACHIEVEMENT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Harrison mermarian Y1B  
Omar Medhat Y1E  
Jasmine Mohamad Y1G  
Nayaa Ali Y1H  
Danika Gunasekera Y1J  
Aias Vasileadis Y2D  
Ahmed El Tahhan Y2H  
Leyla Rahimli Y2J  
Zara Shoaib Y3A  
Sreshtha Chandra Y3C  
Shariar Y3F  
George Y3G  
Alessandro Y3H



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SAPPHIRE  
RESPECT

# CERTIFICATE OF ACHIEVEMENT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Hayat Baloch FS2A  
Inaya Bakshi FS2B  
Aanam Shibin FS2D  
Omar Nofal FS2K  
Talia Abutamam Y1D  
Noora Ayzazian Kari Y2C



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TOPAZ  
KINDNESS

# CERTIFICATE OF ACHIEVEMENT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Mahad Mansoor Qureshi FS2H  
Adele Anthony Ogoko Y2A  
Aamena Ali Y2B  
Vartika Zingade Y2E  
Reem Houalla Y2F  
Adam Dvoracek Y2G



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EMERALD  
COMPASSION

# CERTIFICATE OF ACHIEVEMENT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Raphael Ishac FS2E  
Lionel Riman FS2F  
Maryam Khaled Morsy FS2G



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## High Performance Learners

Discover  
LEADERSHIP



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## HIGH PERFORMING LEARNER OF THE WEEK

*This certificate is awarded to:*

Joey Abou Rizk FS1A	Layah Musa FS2A	Mateo Moran Y1B	Baraah Alballal Y2A
Ivy Loxston - Baker FS1B	Eliana Halabi FS2B	Eyad Gouhar Y1D	Adriann So Y2B
Nour Shaheen FS1C	Chris Safi FS2D	Areej Hamid Y1E	Ibrahim Ahmed Khan Y2C
Layana Omar Khalaf FS1D	Yasmeen Altassan FS2E	Adam Thaviengaly Y1G	Georges Abou Rizk Y2D
Mia Barakat FS1E	Nouh Ahmed Osman FS2F	Haya Qadah Y1H	Abduraham khan Y2E
David Olariu FS1F	Leo Walsh FS2G	Olaf Schellekens Y1J	Ziad Houalla Y2F
	Perla Raslan FS2H		Kenzy Rami Abdelhamid Y2G
	Saleh Almulhim FS2J		Nour Ahmed Y2H
	Mira Puri FS2K		Hussein Elsergeny Y2K



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## Download Links

### Curriculum Handbooks:

- [Year FS1 Curriculum Handbook](#)



- [Year FS2 Curriculum Handbook](#)
- [Year 1 Curriculum Handbook](#)
- [Year 2 Curriculum Handbook](#)

**Parent Handbook:**

[DownloadDownload](#)

**Academic Calendar:**

[Download](#)

## Contact Us

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**Clinic:**

[Clinic\\_mts@gemsedu.com](mailto:Clinic_mts@gemsedu.com)

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