مدرسة جيمس متروبول
GEMS Metropole School
MOTOR CITY

GEMS EDUCATION

ENRICHMENT HANDBOOK ROUND 1

2026 - 2027

esMone

Discover LEADERSHIP

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Our Vision

An inspiring and inclusive community hub developing future leaders

Our Mission

Inspire, Lead and Exceed our potential

Our Values

Always Learning, Care, One Team, Excellence and Leadership

Enrichment Pathways

At GEMS Metropole School, our programme of enrichment embodies the GEMS Metropole School core values and ensures that there is a comprehensive and balanced approach to student personal development. Our 5 enrichment pathways aim to offer a broad range of opportunities to develop key competencies for students' future success, tailored to their individual interests and aspirations. The purpose is to promote holistic growth, supporting academic achievement whilst also nurturing the wellbeing of our students through our PERMAH model. We ensure our enrichment pathways promote each of the PERMAH domains to develop happy and healthy well-rounded individuals, prepared for future challenges and global citizenship.

MTS Enrichment Pathways

L	Leadership & Personal Development
E	Enterprise & Innovation
A	Active Learning & Future Ready
D	Diversity & Global Awareness
S	Sustainability & Social Responsibility

Term 1 Forest School Free Extracurricular Activities

Monday

Y1-2 Singing Club
Ms. Daud & Ms. Nowosad | Monday | G308 - First Floor, Year 3 | 3:05-4:00 | Collection: Main Reception
A fun and energetic singing club where children can enjoy learning songs, exploring rhythm and melody, and developing their confidence while singing together with friends in a supportive environment.

Y1-6 Islamic A
Mr. Mohamed & Ms. Hagage | Monday | Y1 Corridor | 3:05-4:00 | Collection: Y1 Corridor
The programme supports students in memorising selected Surahs, developing accurate and confident recitation, and applying key Tajweed skills. Students will strengthen their connection with the Holy Qur'an while building confidence in memorisation, recitation and revision.

Y1&Y2 Little Bookworms
Ms. Morton & Ms. Aylward | Monday | G209 - 2J | 3:05-4:00 | Collection: ECA classroom
Little Bookworms is a fun club for students who enjoy reading. We'll explore books, share ideas, and discover new stories together!

Y1 Yoga Club
Ms. Maqboul & Ms. Forsythe | Monday | G101 - 1A | 3:05-4:00 | Collection: ECA classroom
Join us for a fun and relaxing Year 1 Yoga Club! Children can follow along with our easy video, trying fun yoga poses, stretches, breathing exercises and calming movements.

Y1&Y2 The Woodland Wiggles
Ms. Millington & Ms. Petrenko-Pells | Monday | G107 - 1G | 3:05-4:00 | Collection: ECA classroom
Children will take part in playful activities that support fine and gross motor skills through climbing, balancing, jumping, running and obstacle courses, developing coordination, strength, balance and body control.

Y1&Y2 Story Board Club
Ms. Macleod & Ms. Torley | Monday | G211 - 2L | 3:05-4:00 | Collection: ECA classroom
The Storyboard Club brings stories to life through prediction, discussion and creativity. Children will explore characters, settings and events, share their own ideas and develop imagination, listening skills and a love of storytelling.

Y1 Spinneys Farm to Table
Ms. Bauer & Mr. Karamperis | Monday | FS Reception | Time: TBC | Collection: FS Reception
Spinneys Farm to Table helps children discover where food comes from through engaging, hands-on activities. Children explore farming and healthy choices indoors before extending their learning through practical experiences on our school farm.

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Forest School Free Extracurricular Activities

Wednesday

Y1&Y2 Little Explorers
Mr. Walters & Mr. Hampson | Wednesday | G205 - 2E | 3:05-4:00 | Collection: ECA classroom
Little Explorers Club is a fun, hands-on after-school club where children develop their curiosity through exciting outdoor adventures and nature-based activities.

Y1&Y2 Story and Drawing Club
Ms. Healy & Ms. Fitzgerald | Wednesday | G109 - 1J | 3:05-4:00 | Collection: ECA classroom
Explore stories and develop creativity through drawing, storytelling and fun activities. Children can use their imagination, create characters and share their own ideas in a relaxed, supportive environment.

Y1-3 Arabic A Classes
Ms. Mortada & Ms. Shaban | Wednesday | G204 - 2D | 3:05-4:00 | Collection: ECA classroom
Arabic A ECA classes offer an engaging environment where students strengthen Arabic skills, build confidence, expand vocabulary, and explore Arabic culture through interactive activities, conversations, stories, games, literature and creative tasks.

Y1-3 Arabic B Classes
Ms. Abdelmohsen & Ms. Abdallah | Wednesday | G208-G210 - 2H/2K | 3:05-4:00 | Collection: ECA classroom
Arabic B ECA classes offer a fun and engaging way to develop Arabic language skills through interactive activities, games, conversations and creative tasks, building confidence, communication skills and enjoyment of the language.

Thursday

Y1-6 Social Explorers
Ms. Yusuf & Ms. Matthews | Thursday | G521 - FS | 11:45-12:25 | Lunchtime | Collection: N/A
Social Explorers is a fun, interactive club where students of determination develop communication and social skills through board games and structured activities, building confidence, conversation, teamwork and positive social skills.

Y1&Y2 Calm & Craft
Ms. Slater & Ms. Basson | Thursday | G204 - 2D | 3:05-4:00 | Collection: ECA classroom
Get creative with colourful, hands-on craft projects! Children will enjoy cutting, sticking, drawing and making a variety of creations in a friendly, relaxed club where imagination can flourish.

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Forest School Free Extracurricular Activities

Y1&Y2 Mindful Makers
Ms. Aikin & Ms. Fennelly | Thursday | G210 - 2H | 3:05-4:00 | Collection: ECA classroom
Explore fun activities designed to encourage mindfulness, positive thinking and emotional awareness. Children will learn simple calming techniques while creating meaningful projects that promote kindness, gratitude, confidence and happiness.

Y1&Y2 Board Games
Ms. Eisenbach & Ms. Boyle | **Changed to Wednesdays** G111 - 1L | 3:05-4:00 | Collection: ECA classroom
A fun and interactive club where children enjoy a variety of board games while developing turn-taking, communication, problem-solving and teamwork. Children must bring their own board game to each session to play and share.

Y1&Y2 Busy Builders
Ms. Brissett & Ms. Callow | Thursday | G105 - 1E | 3:05-4:00 | Collection: ECA classroom
Get creative, build and explore! Children will use construction materials to design, build and test their own creations, from towers and bridges to imaginative structures, encouraging teamwork, problem-solving and lots of building fun.

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Values School Free Extracurricular Activities

Monday

Y3&Y4 Science (STEM)
Ms. Begum & Ms. Heilbronn | Monday | G308 - 4K | 6:40-7:20 | Morning
Get ready to design, build, experiment and explore! STEM Club brings science, technology, engineering and maths to life through exciting challenges, hands-on investigations, creative problem-solving and plenty of teamwork and fun!

Y3&Y4 Spanish
Ms. Gaynor & Ms. De Almeida Julio | Monday | F305 - 4E | 6:40-7:20 | Morning
¡Hola! Become a confident Spanish learner as you explore new vocabulary, practise conversations and challenge yourself to communicate in a new language. Get ready for an exciting adventure learning Spanish. ¡Vamos! (Let's go!)

Y5&Y6 Checkmate Champs
Ms. Saich & Ms. Feeney | Monday | F204 - 5D | 6:40-7:20 | Morning | Collection: Values School Reception
Checkmate Champs empowers young minds through chess, encouraging creativity, problem-solving and perseverance. Children learn valuable life skills, make new friends and develop a love for the game while having fun.

Y3&Y4 Happiness Space (Invite Only)
Ms. Cleary | Monday | Library | Lunchtime | Time: TBC | Collection: Values School Reception
The Happiness Space ECA gives children a calm, welcoming place to meet at lunchtime, take time away from class, connect with others across the year group, play board games, enjoy mindfulness activities and relax.

Y3-6 Values Ambassadors- (Invite Only)
Mr. Wilson & Ms. Joslin | Monday | Lunchtime

Y3&Y4 Champions of Character
Ms. Hussain & Ms. Jones | Monday | F303 - 4C | 3:05-4:00 | Collection: Values School Reception
Unleash your potential by showcasing your core values and building new character strengths! Through fun, hands-on group activities and personal reflection, you'll grow your confidence, collaborate with peers and discover your best self.

Y5&Y6 Radio & Podcasts
Mr. McKeown & Ms. Amjad | Monday | F103 - 6C | 3:05-4:00 | Collection: Values School Reception
Make your voice heard! Students will develop speaking, presenting and interviewing skills, explore how radio shows are created and may even have the chance to speak live on our school radio.

Y5&Y6 Kindness and Community Club
Mr. McAuley & Mr. Moore | Monday | F106 - 6F | 3:05-4:00 |Collection: Values School Reception
Make a difference, one kind act at a time! Join the Kindness & Community Club to spread positivity, support others and make our community a better place through fun projects and teamwork.

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Values School Free Extracurricular Activities

Y3-6 Values School Choir
Ms. Ellams | Monday | S411 - Secondary | 3:05-4:00 | Collection: Main School Reception
A fun and welcoming club for students who love to sing! Students will learn exciting songs, sing together, expand their musical repertoire and develop their vocal technique and confidence, with opportunities to perform.

Y4-6 Performing Arts Club
Mr. Thomas & Ms. Yusuf | Monday | T604 - Third Floor | 3:05-4:00 | Collection: Main School Reception
Calling all young performers! Students will develop their acting, singing and performance skills through musical theatre, building confidence, teamwork and creativity in a fun and supportive environment.

Y1-6 Islamic A
Mr. Mohamed & Ms. Hagage | Monday | Y1 Corridor | 3:05-4:00 | Collection: Y1 Corridor
The programme supports students in memorising selected Surahs, developing accurate and confident recitation, and applying key Tajweed skills while strengthening their connection with the Holy Qur'an.

Tuesday

Y5&Y6 Happiness Space (Invite Only)
Mr. Haigh | Tuesday | Library | Lunchtime | Time: TBC | Collection: Values School Reception
The Happiness Space ECA gives children a calm, welcoming place to meet at lunchtime, take time away from class, connect with others across the year group, play board games, enjoy mindfulness activities and relax.

Y6 Young Interpreters Scheme (Invite Only)
Ms. Argyrou | Tuesday | ELL Room | 11:25-12:05 | Lunchtime
The Young Interpreters Scheme empowers multilingual students to support new students settling into school. As friendly buddies, they use their language skills to help others feel welcomed and included while developing leadership, communication, empathy and confidence.

Wednesday

Y5&Y6 Science (STEM)
Ms. Oraby & Ms. Zaffar | Wednesday | F202 - 5B | 6:40-7:20 | Morning
Get ready to think like an inventor! Explore science, technology, engineering and maths through hands-on challenges. Solve real-world problems, design prototypes, explore technology, experiment with ideas and work together to find creative solutions.

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Values School Free Extracurricular Activities

Y3&Y4 School Newspaper
Ms. de Villiers & Ms. Webb | Wednesday | G302 - 3B | 3:05-4:00 | Collection: Values School Reception
Become a young journalist! Students will investigate school stories, interview others, write exciting articles and develop their creative writing skills while producing a newspaper to share with our school community.

Y5&Y6 School Newspaper
Ms. Fernades & Ms. Shahban | Wednesday | F107 - 6G | 3:05-4:00 | Collection: Values School Reception
Become a school journalist! Students will investigate stories, conduct interviews, write engaging articles and develop their reporting and editing skills while producing a newspaper to share with our school community.

Y3&Y4 Checkmate Champs
Mr. Seharai & Ms. Raso | Wednesday | G304 - 3D | 3:05-4:00 | Collection: Values School Reception
Every move matters! Learn secret strategies, solve tricky puzzles and compete in fun chess matches with your chess mates! Join the chess club and become a master thinker!

Y3&Y4 Think, Speak, Debate!
Ms. Higgins & Ms. Tindall | Wednesday | G309 - 3J | 3:05-4:00 | Collection: Values School Reception
Students confidently express their ideas and opinions through discussions, games and debates while developing speaking, listening and critical-thinking skills and learning to respect different viewpoints.

Y5&Y6 Creative Writing
Ms. Johnson & Ms. Smith | Wednesday | F102 - 6B | 3:05-4:00 | Collection: Values School Reception
Unleash your imagination, develop your storytelling skills and bring your ideas to life through fun, creative writing activities designed to inspire young authors.

Y4-6 G&T Scholar's Cup (Invite Only)
Ms. Hassan & Ms. Murphy | Wednesday | F207 - 5G | 3:05-4:00 | Collection: Values School Reception
Invite only.

Y3&Y4 Radio & Podcasts
Mr. McKirdy & Mr. Mir | Wednesday | F307 - 4G | 3:05-4:00 | Collection: Values School Reception
Make your voice heard! Students will develop speaking, presenting and interviewing skills, explore how radio shows are created and may even have the chance to speak live on our school radio.

Y1-6 Islamic B
Ms. Hussein | Wednesday | Y1 Corridor | 3:05-4:00
The programme supports students in memorising selected Surahs, developing accurate and confident recitation, and applying key Tajweed skills while strengthening their connection with the Holy Qur'an.

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Values School Free Extracurricular Activities

Y1-3 Arabic A Classes
Ms. Mortada & Ms. Shaban | Wednesday | G204 - 2D | 3:05-4:00 | Collection: ECA classroom
Arabic A ECA classes offer an engaging environment where students strengthen Arabic skills, build confidence, expand vocabulary and explore Arabic culture through interactive activities, conversations, stories, games, literature and creative tasks.

Y1-3 Arabic B Classes
Ms. Abdelmohsen & Ms. Abdallah | Wednesday | G208-G210 - 2H/2K | 3:05-4:00 | Collection: ECA classroom
Arabic B ECA classes offer a fun and engaging way to develop Arabic language skills through interactive activities, games, conversations and creative tasks, building confidence, communication skills and enjoyment of the language.

Y4-6 Arabic A Classes
Ms. Metawie & Ms. Zayed | Wednesday | F208-F210 - 5H/5K | 3:05-4:00 | Collection: Values School Reception
Arabic A ECA classes offer an engaging environment where students strengthen Arabic skills, build confidence, expand vocabulary and explore Arabic culture through interactive activities, conversations, stories, games, literature and creative tasks.

Y4-6 Arabic B Classes
Ms. Mohamed & Ms. Badr | Wednesday | F209-F211 - 5J/5L | 3:05-4:00 | Collection: Values School Reception
Arabic B ECA classes offer a fun and engaging way to develop Arabic language skills through interactive activities, games, conversations and creative tasks, building confidence, communication skills and enjoyment of the language.

Thursday

Y1-6 Social Explorers
Ms. Yusuf & Ms. Matthews | Thursday | G521 - FS | 11:45-12:25 | Lunchtime
Social Explorers is a fun, interactive club where students of determination develop communication and social skills through board games and structured activities, building confidence, conversation, teamwork and positive social skills.

Y3&Y4 Character Canvas (Art)
Ms. Uddin & Ms. Meredith | Thursday | G305 - 3E | 3:05-4:00 | Collection: Values School Reception
Take your creative side to a new level! Each week, students will explore a new artistic method, experiment with different materials and create a fun project to take home and enjoy.

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Values School Free Extracurricular Activities

Y5&Y6 Games Design
Mr. Craw & Mr. Weekes | Thursday | F104 - 6D | 3:05-4:00 | Collection: Values School Reception
Students will create their own playable games through fun, hands-on projects, developing storytelling, problem-solving and digital creativity skills while building confidence, teamwork and demonstrating the school's core values.

Y3&Y4 Coding Club
Ms. McEwan & Ms. Crabb | Thursday | F304 - 4D | 3:05-4:00 | Collection: Values School Reception
Coding Club introduces students to the exciting world of coding through fun, interactive activities, developing problem-solving, logical thinking and creativity while building confidence with essential digital skills.

Y5&Y6 iCreate - EdTech Football Analysis
Mr. Rennie & Mr. Hall | Thursday | F208 - 5H | 3:05-4:00 | Collection: Values School Reception
Students will complete simple football analysis activities using their iPads, improving their IT skills, learning how to analyse player and team performance and putting together presentations.

Y5&Y6 Printmaking Club
Ms. Slabbert & Ms. Holbrook | Thursday | G548 - End of Y3 Corridor | 3:05-4:00 | Collection: Values School Reception
Students will explore drypoint intaglio etching using recycled milk cartons as printing plates. They will create detailed designs, apply ink and discover the exciting process of producing their own unique prints.

Y4-6 Dance Club
Ms. Natalie Hikin & Mr. Tom Mundy | Thursday | Third Floor Open Space | 3:05-4:00 | Afterschool
Explore a range of dance styles, starting with Street Dance! Rehearse each week, create your own routines and build confidence, teamwork and creativity, ready to perform at the end of term.

Y3 and Y4 Social Club (Mainstream and AP Students)
Ms. Ueckermann & Ms. Jamshed | Thursday | F405 - Near end of Y4 Corridor | 11:25-12:05 | Lunchtime
A welcoming space for students to build confidence, develop communication and social skills, form positive friendships and practise working with others through fun, interactive activities.

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Active School Free Extracurricular Activities

Monday

Secondary Choir
Kelly Flannagan| Monday | Performing Arts| 15:15-16:00
Students join a friendly, supportive ensemble to develop vocal technique, confidence and musicality, learning songs in unison and harmony while rehearsing weekly and performing together at assemblies, concerts and school celebrations throughout the year.

Short and Sweet Play
Libby Shaw| Monday | Performing Arts| 15:15-16:00
Rehearsals for a 10-minute student theatre festival, preparing an original play or extract to perform live on stage.

Performing Arts Club
Jon Thomas| Monday | Performing Arts| 15:15-16:00
We will be preparing to perform a short musical number : singing, acting and dancing maximum 20 students

Tuesday

Scientific Investigation
Adam Isaac Gulkarov | Tuesday | G602 | 12:25-13:05
Students become scientists by choosing a question they are curious about and investigating it through hands-on inquiry. Each session covers one stage, from designing an experiment to analysing results and presenting their findings.

Cursive Writing
Farnaz Zafar | Tuesday | G604 | 12:25-13:05
Students in Years 7 to 9 develop a clear, fluent cursive handwriting style through guided practice, letter formation drills and short writing tasks, improving legibility, speed and presentation in written work across all subjects.

Reading and Mindfulness Colouring
Saadia Salem | Tuesday | G602 | 12:25 – 13:05
A calm lunchtime space where students read for pleasure or unwind with mindfulness colouring. The club supports wellbeing, concentration and reading habits, giving students a quiet break from the demands of the school day.

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Active School Free Extracurricular Activities

Wednesday

Chess Club
Liaqat Khan| Wednesday | S214| 12:25 – 13:05
Students learn openings, tactics and endgame strategy while playing regular friendly and competitive matches, developing concentration, patience and forward planning in a welcoming club open to complete beginners and experienced players alike.

Math's Challenge
Nahlah Hazem| Wednesday | Performing Arts| 15:15-16:00
Students tackle rich problem-solving puzzles beyond the curriculum, developing logical reasoning, resilience and mathematical fluency while preparing for competitions such as Junior, Intermediate and Senior Math's Challenges alongside like-minded peers.

World Scholar's Cup
Alexandra Theodore-Gajraj | Wednesday | S205 | 15:05-16:00
Students prepare for the World Scholar's Cup, covering debate, collaborative writing, quiz challenges and a broad interdisciplinary curriculum, developing research, argument and teamwork skills ahead of regional and global rounds.

Thursday

Debate Club
Molly Durnall & Stephen Davies | Thursday | S206 | 15:15-16:00
Open to Key Stages 3 to 5, students learn debating formats, build arguments and practise rebuttal and public speaking, competing in friendly internal debates and preparing for external competitions.

Robotics
Safae Drissi | Thursday | S208 | 15:15-16:00
Students develop robotics concepts, programming, design and problem-solving skills while preparing to compete confidently in robotics competitions, building teamwork, creativity and technical ability through hands-on projects and competition-based challenges.

Microsoft Office
Sidrah Zaynab | Thursday | S210| 15:15-16:00
Master essential digital skills in this practical Microsoft Office club. Students will explore Word, Excel and PowerPoint, learning professional document formatting, basic data analysis and dynamic presentation design essential for school and future workplace success.

Mustangs clubs are launching soon, with more information to follow shortly

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Future School Free Extracurricular Activities

Culture Club
Hannah Owen | Tuesday | S626 | 15:15-16:00
Students become more globally aware of the languages and cultures found around the world, including Emirati and Arab heritage, exploring traditions, food, music and celebrations through discussion, research and practical activities.

Doodle & Dialogue
Faiza Mohamed | Wednesday | S626 | 13:25-14:05
A relaxed, zero-pressure space to unwind, draw and chat. Whether students enjoy casual doodling, sketching storyboards, creating comics or simply need a calm spot to decompress, the club uses art and conversation for self-expression.

French Homework Club
Saoussen Oliver | Wednesday | F604 | 15:05-16:00
Students come along to get help with their weekly MFL homework, reinforce their language skills and revise vocabulary in a supportive setting, building independence and confidence in French between lessons.

History of Fine Arts
Tahir Ali | Wednesday | S412 | 15:05-16:05
Students explore the evolution of painting, sculpture and architecture from ancient to modern times through discussion, virtual gallery tours and masterpiece analysis, developing critical thinking and visual literacy. No prior art experience needed.

NEA Support
Faheema Abeeb | Thursday | S409 | 12:25-13:05
Targeted support for Year 11 Food Preparation and Nutrition students working on their NEA. Sessions guide research, planning, practical work, evaluation and deadline management, building confidence and helping students achieve their best possible outcomes.

Life Skills and Driving Theory
Younes Chaba | Thursday | S206 | 13:25-14:05
Students, mainly in older year groups, prepare for driving theory tests and learn practical life skills such as changing a tyre, checking engine oil and monitoring tyre pressure for everyday situations.

Pilates
Zonia Ali | Thursday | G613 | 13:25-14:05
A weekly Pilates session focusing on core strength, flexibility, posture and controlled breathing. Suitable for all fitness levels, the club offers a low-impact way to build strength and reduce stress during the school week.

Student-led societies are launching soon, with more information to follow shortly

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Future School Free Extracurricular Activities

MUN
Nikita Shaikh| Thursday | S626 | 15:15-16:00
Students represent assigned countries in simulated United Nations committees, researching global issues, drafting resolutions and debating policy, developing public speaking, diplomacy and critical thinking ahead of conferences hosted across Dubai and further afield.

Economics Club
Amina Choudhury| Thursday| S626 | 13:25-14:05
Students explore how markets, money and policy shape the world around them, discussing current affairs, analysing real economic data and developing the analytical and debating skills needed for competitions, essay prizes and further study.

Powerlifting Club
Hasan Zulfkar| Thursday| S626 | 13:25-14:05
Students learn safe, correct technique in the squat, bench press and deadlift under close supervision, building strength, discipline and confidence through structured progressive training suitable for complete beginners and more experienced lifters alike.

Book Club
Salma Zulfiqar| Thursday| S626 | 13:25-14:05
Students read a shared title each half term and meet to discuss character, theme and craft, sharing recommendations and building confidence, vocabulary and a genuine enjoyment of reading for pleasure beyond the classroom.

Psychology uncovered
Tazmin Miah| Thursday| S626 | 13:25-14:05
Students investigate why people think, feel and behave as they do, exploring memory, personality, mental health and famous psychological studies through discussion, experiments and debate that bring the science of human behaviour to life.

Feel good well-being club
Emily Bancroft| Thursday| S626 | 13:25-14:05
Students take part in activities that support positive mental health and self-care, from mindfulness and gratitude practice to teamwork games and open discussion, building resilience, friendships and strategies for feeling good every day.

Student-led societies are launching soon, with more information to follow shortly

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Term 1 Active & Future School Free Extracurricular Activities

Arabic ECA
Wednesday | 15:10-15:50

Arabic A ECA — Active & Future School
Amany Mortada, Asmaa Talat, Karima Metawie, Mohamed Malek, Radwa Zayed | Supervision: Nofa Al Qara | Rooms Arabic Corridor
Arabic A classes offer an engaging environment where students strengthen their Arabic skills, build confidence, expand vocabulary and explore Arabic culture through interactive activities, conversation, stories, games, literature and creative tasks.
Groups: Y7-Y10

Arabic B ECA — Active & Future School
Aline Nouneh, Doaa Mohamed, Iman Abdullah, Ebtehal Mohammed, Mohammed Hussein, Nawal Ahmed, Shaimaa Farghaly, Wesam Abaza | Rooms pending
Arabic B classes give students a fun opportunity to develop their Arabic language skills through interactive activities, games, conversation and creative tasks, building confidence and communication.

Arabic IGCSE
Sahar Mohamad | Arabic Corridor | IGCSE students
IGCSE Arabic sessions help students develop reading, writing, speaking and listening skills while strengthening grammar, vocabulary, comprehension and literary analysis through focused practice, engaging activities and structured examination preparation.

MOE ECA
Supervision: Rima Wehbi | MOE Department | Active & Future School Islamic Studies
Monday – Thursday

Qur'an Memorisation and Tajweed
Students memorise selected Surahs from the Holy Qur'an, learning to recite accurately and confidently and applying key Tajweed skills in practice, strengthening their connection with the Qur'an and building confidence through regular revision.

Active School| F626 | Mahmoud Ibrahim
Active School | Al Noor Center | Asra Rashid
Future School | Al Noor Center | Mohamed Abdelatif, Mohammed Makda

ECA registration can be completed through ESM.ae during the sign-up window communicated by the school.
Places are allocated on a first-come, first-served basis.
To ensure fairness for all children, please register your child for a maximum of two clubs.

Frequently Asked Questions

What are the different types of extracurricular activities at GEMS Metropole School?

- Mustangs Sports Squads (invite only)
- Performing Arts Clubs (Choir, Musical Theatre, Dance)
- ESM paid extracurricular activities
- Free Teacher-led extracurricular activities.

When are the dates for Round 1 of ECAs?
Start: 21st September
Finish: 20th November

How are the spaces in extracurricular activities allocated?
Each Free ECA has a different capacity. This is a first come, first served basis.

Why do some days have fewer ECA opportunities available than others?
Teachers are in professional development meetings at different times during the week, meaning there are less staff available to run clubs on these days.

Can my child attend an ECA or sport squad if they have been absent from school on that day?
No, students must have attended school on the day to be able to attend the club.

Is there a minimum number of students for a club to run?
Yes. A minimum of three students.

Are there buses at 4pm?
Unfortunately not. Parents are expected to collect their child promptly if they do not have a 'home-alone' lanyard.

How will I know if my child has been allocated a space?
You will receive a welcome email from the relevant staff member welcoming you to the ECA. This will indicate the you have been successful in securing a place and will have all relevant information you will need for the ECA such as timings, date, location etc.

Does the school provide an ECA bus service?
No, any students attending before or after school ECA will need to arrange own transport. Buses will not be running for Extracurricular Activities.

How do I sign up for paid/free extracurricular activities?
You can sign up at ESM.ae for most ECAs.
The deadline to sign up for Free Extracurricular Activities will be communicated to you. You may sign up for the ESM Paid Extracurricular Activities at any point in the term.

What if I am late to pick my child up from an after-school ECA?
Please note that if you are running late to collect your child from an after-school ECA, please ring and inform the reception or email the staff member running the ECA. Each time you are late collecting your child from an ECA you will receive a letter following this up. If you are late to collect your child on three occasions, your child will be asked to leave the ECA.

How many clubs can I register my child for?
A maximum of two clubs per child, please - we need to be as fair as possible. Signing up for more than two prevents other children from joining. If more than two free teacher-led ECAs are selected on ESM, your child will not be invited to attend.

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