



BTEC INTERNATIONAL LEVEL 2 EXTENDED CERTIFICATE IN SPORT

Pearson Edexcel 19343

COURSE DESCRIPTION

BTEC International Level 2 Award in sport. First being taught in September 2022.

The Pearson BTEC International Level 2 qualifications in Sport have been designed to support initial progression to roles in sport, for example, sports coaching, fitness training and testing, sports nutrition, planning and leading sports events. In addition to the sector-specific content available in these qualifications, the requirements mean that learners develop the transferable skills needed to progress to further education or employment.

The qualification supports progression to further study at Level 3/pre-tertiary education as part of a programme of study that includes BTEC International Level 3 qualifications and/or International A levels.

HOW WILL THE COURSE BE ASSESSED?

There are 2 mandatory units, which includes 1 internal unit and 1 set assignment unit. Learners must complete and achieve a Pass or above in all mandatory units.

Optional Units: Learners must complete 1 optional unit.

Unit Number	Unit Title	GLH	Type	How Assessed
Mandatory units - learners compete and achieve all units				
1	Principles of Fitness and Fitness Testing	30	Mandatory	Set assignment
5	Practical Sport	60	Mandatory	Internal
Optional Units - learners must complete 1 optional unit				
2	Training for Personal Fitness	30	Optional	Set assignment
7	Anatomy and Physiology for Sport	30	Optional	Internal
8	Sports-related Injuries and illness	30	Optional	Internal

FURTHER OPPORTUNITIES

These qualifications support progression to further study in sport, for example, courses in:

- Sports Nutrition
- Planning and leading sports events
- Sports Nutrition
- Planning and leading sports events