

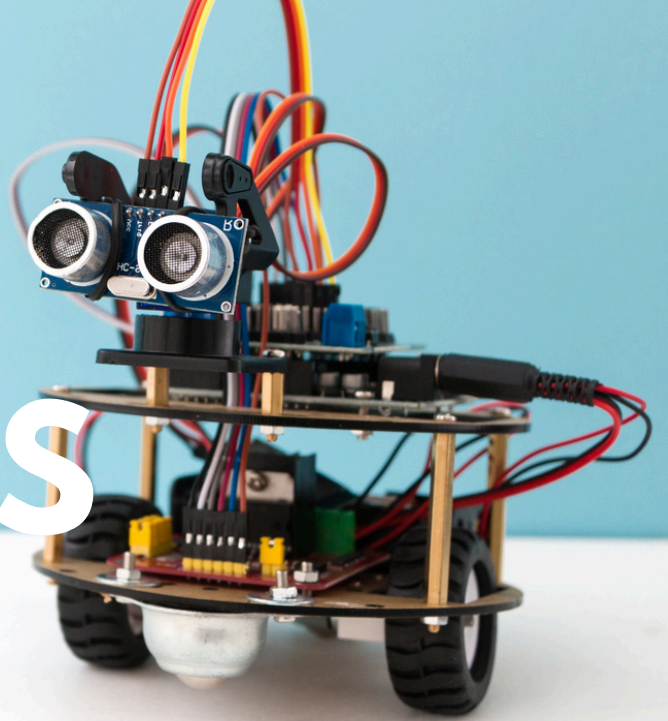
METROPOLE WITHOUT WALLS



**YOUR GUIDE TO THE
JANUARY 2025
PROGRAMME**

20-24 JANUARY 2025

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INTRODUCTION

What is Metropole Without Walls?

This programme takes students out of their classrooms and into real-world settings for hands-on learning, field trips, cultural excursions, creative workshops, and service-learning projects, all designed to complement their studies and build life skills.

Key Objectives:

- Experiential Learning: Real-world activities that foster creativity and problem-solving.
- Community Involvement: Service-learning projects with a positive impact.
- Team Building: Group activities that strengthen collaboration and leadership.
- Personal Development: Opportunities to explore new interests and build resilience.

How will it work?

All students will sign up for a programme of activities across the week. These may be a mix of residential/international trips, full day activities and half day activities. Any students who do not sign up for activities now will have the opportunity to join in-class activities in January-these will be shared by Lead Teachers in Term 2. Students may only register for one out-of-school visit per day, i.e. one whole day activity or an out-of-school activity in the morning but in school in the afternoon.

When is Sports Day?

Prep School Sports Day - Monday 20th January

Senior School Sports Day - Thursday 23rd January

Students are required to attend Sports Day unless they have registered for Umrah, Ski Dubai or the video editing camp which may overlap with their respective Sports Days.

How do I register my children for activities?

Review this booklet before the registration **opens on Friday 15th November**. There are three steps to registration before it **closes on Friday 29th November**:

1. Register interest via this form: [Metropole Without Walls Registration Form](#)
2. Pay relevant fees via GEMS Connect
3. Complete MTS consent form: [Secondary School: Parental Consent Form for Educational Visits](#)

Please note: all three steps need to be completed to secure your child's place on the activity and it is strictly first come, first served.

Key:

(R) Residential/International (F) Full Day (H) Half Day
(E) Emirati Only (IO) Invitation Only

PREP SCHOOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
Y7	Prep Sports Day Video Editing Camp (F) Ski Dubai (F) Umrah	MBR Space Centre (F) French cooking class + picnic (H) Ski Dubai (F) Ferarri World (F) Video Editing Camp (F) Harry Potter Marathon (F) Service (H) Umrah	Prep Residential - Al Ain Adventure Umrah Service (H) Louvre Abu Dhabi - Art (F) Ski Dubai (F) EXPO Robotics Camp (F) Hatta hike (F) Video Editing Camp (F) Reading Room (F) Ethiad Museum (E)	Service (H) Spanish cooking class +picnic (H) Ski Dubai (F) Prep Residential - Al Ain Adventure Co Chocolate Experience (F) Video Editing Camp (F)	Service (H) Prep Residential - Al Ain Adventure Museum of the Future (H) Ski Dubai (F) Video Editing Camp (F) MTS Walks (IO) Harry Potter Marathon (F)
Y8	Prep Sports Day Video Editing Camp (F) Ski Dubai (F) Umrah	MBR Space Centre (F) French cooking class +picnic (H) Ski Dubai (F) Ferarri World (F) Video Editing Camp (F) Harry Potter Marathon (F) Service (H) Umrah	Prep Residential - Al Ain Adventure Umrah Service (H) Louvre Abu Dhabi - Art (F) Ski Dubai (F) EXPO Robotics Camp (F) Hatta hike (F) Video Editing Camp (F) Reading Room (F) Ethiad Museum (E)	Service (H) Spanish cooking class +picnic (H) Ski Dubai (F) Prep Residential - Al Ain Adventure Co Chocolate Experience (F) Video Editing Camp (F)	Service (H) Prep Residential - Al Ain Adventure Museum of the Future (H) Ski Dubai (F) Video Editing Camp (F) MTS Walks (IO) Harry Potter Marathon (F)
Y9	Prep Sports Day Video Editing Camp (F) Ski Dubai (F) Umrah	MBR Space Centre - Maths (F) French cooking class +picnic (H) Ski Dubai (F) IMG Worlds of Adventure (F) Video Editing Camp (F) Harry Potter Marathon (F) Service (H) Umrah	Prep Residential - Al Ain Adventure Umrah Service (H) Louvre Abu Dhabi - Art (F) Ski Dubai (F) EXPO Robotics Camp (F) Lola Taberna (H) Alliance Francais (H) Video Editing Camp (F) Reading Room (F) Ethiad Museum (E)	Service (H) Spanish cooking class +picnic (H) Ski Dubai (F) Palm viewing platform and Kite Beach - Geo (F) Prep Residential - Al Ain Adventure Co Chocolate Experience (F) Video Editing Camp (F)	Service (H) Prep Residential - Al Ain Adventure Museum of the Future (H) Ski Dubai (F) Video Editing Camp (F) MTS Walks (IO) Harry Potter Marathon (F)

YEARS 10-11 SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
Y10	<p>Senior Residential - Aventura Parks Umrah</p> <p>Real Madrid World (F)</p> <p>Ski Dubai (F)</p> <p>Masterchef mystery box challenge (H)</p> <p>Video Editing Camp (F)</p> <p>Business Marketing Camp (F)</p> <p>Service (H)</p>	<p>Senior Residential - Aventura Parks Umrah</p> <p>Service (H)</p> <p>French cooking class +picnic (H)</p> <p>Louvre Abu Dhabi - Art (F)</p> <p>Ski Dubai (F)</p> <p>Ferarri World (F)</p> <p>Aventura Forest Escape (F)</p> <p>Video Editing Camp (F)</p> <p>Business Marketing Camp (F)</p> <p>Harry Potter Marathon (F)</p>	<p>Umrah Service (H)</p> <p>iPhone Photography - Art (F)</p> <p>Ski Dubai (F)</p> <p>Masterchef mystery box challenge (H)</p> <p>MBR Space Centre - Maths (F)</p> <p>Co Chocolate Experience (F)</p> <p>EXPO Robotics Camp (F)</p> <p>Video Editing Camp (F)</p> <p>Alliance Francais (H)</p> <p>Business Marketing Camp (F)</p> <p>Reading Room (F)</p> <p>Ethiad Museum (E)</p>	<p>Senior Sports Day</p> <p>Video Editing Camp (F)</p> <p>Ski Dubai (F)</p>	<p>Service (H)</p> <p>Afternoon Tea (F)</p> <p>Boxica Gym class (H)</p> <p>Ski Dubai (F)</p> <p>Museum of the future (H)</p> <p>Video Editing Camp (F)</p> <p>MTS Walks (IO)</p> <p>Business Marketing Camp (F)</p> <p>Harry Potter Marathon (F)</p>
Y11	<p>Senior Residential - Aventura Parks Umrah</p> <p>Real Madrid World (F)</p> <p>Ski Dubai (F)</p> <p>Masterchef mystery box challenge (H)</p> <p>Video Editing Camp (F)</p> <p>Business Marketing Camp (F)</p> <p>Service (H)</p> <p>Puppy Yoga (H)</p>	<p>Senior Residential - Aventura Parks Umrah</p> <p>Service (H)</p> <p>French cooking class +picnic (H)</p> <p>Louvre Abu Dhabi - Art (F)</p> <p>Ski Dubai (F)</p> <p>Ferarri World (F)</p> <p>Aventura Forest Escape (F)</p> <p>Video Editing Camp (F)</p> <p>Business Marketing Camp (F)</p> <p>Harry Potter Marathon (F)</p>	<p>Umrah Service (H)</p> <p>iPhone Photography - Art (F)</p> <p>Ski Dubai (F)</p> <p>Masterchef mystery box challenge (H)</p> <p>MBR Space Centre - Maths (F)</p> <p>Co Chocolate Experience (F)</p> <p>EXPO Robotics Camp (F)</p> <p>Alliance Francais (H)</p> <p>Video Editing Camp (F)</p> <p>Business Marketing Camp (F)</p> <p>Reading Room (F)</p> <p>Ethiad Museum (E)</p> <p>Puppy Yoga (H)</p>	<p>Senior Sports Day</p> <p>Video Editing Camp (F)</p> <p>Ski Dubai (F)</p>	<p>Service (H)</p> <p>Afternoon Tea (F)</p> <p>Boxica Gym class (H)</p> <p>Museum of the future (H)</p> <p>Ski Dubai (F)</p> <p>Video Editing Camp (F)</p> <p>MTS Walks (IO)</p> <p>Business Marketing Camp (F)</p> <p>Harry Potter Marathon (F)</p>

YEARS 12-13 SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
Y12	Senior Residential - Aventura Parks Umrah Real Madrid World (F) Ski Dubai (F) Al Serkal Ave - Art (H) Boxica Gym Class (H) Video Editing Camp (F) Business Marketing Camp (F) Service (H) Puppy Yoga (H)	Senior Residential - Aventura Parks Umrah Service (H) French cooking class +picnic (H) Louvre Abu Dhabi - Art (F) Ski Dubai (F) Ferarri World (F) Aventura Forest Escape (F) Video Editing Camp (F) Business Marketing Camp (F) Harry Potter Marathon (F)	Umrah Service (H) MBR Space Centre - Maths (F) Ski Dubai (F) Co Chocolate Experience (F) EXPO Robotics Camp (F) Alliance Francais (H) Video Editing Camp (F) Business Marketing Camp (F) Reading Room (F) Ethiad Museum (E) Puppy Yoga (H)	Senior Sports Day Video Editing Camp (F) Ski Dubai (F)	Service (H) Afternoon Tea (F) Video Editing Camp (F) Ski Dubai (F) MTS Walks (IO) Business Marketing Camp (F) Harry Potter Marathon (F)
Y13	Senior Residential - Aventura Parks Umrah Al Serkal Ave - Art (H) Ski Dubai (F) Boxica Gym Class (H) Video Editing Camp (F) Business Marketing Camp (F) Service (H) Puppy Yoga (H)	Senior Residential - Aventura Parks Umrah Service (H) French cooking class +picnic (H) Louvre Abu Dhabi - Art (F) Ski Dubai (F) Ferarri World (F) Aventura Forest Escape (F) Video Editing Camp (F) Business Marketing Camp (F) Harry Potter Marathon (F)	Umrah Service (H) Real Madrid World (F) Ski Dubai (F) MBR Space Centre - Maths (F) Co Chocolate Experience (F) Video Editing Camp (F) Alliance Francais (H) Business Marketing Camp (F) Reading Room (F) Ethiad Museum (E) Puppy Yoga (H) (60)	Senior Sports Day Video Editing Camp (F) Ski Dubai (F)	Service (H) Afternoon Tea (F) Video Editing Camp (F) Ski Dubai (F) MTS Walks (IO) Business Marketing Camp (F) Harry Potter Marathon (F)

RESIDENTIAL TRIPS

Umrah, Saudi Arabia

The Umrah trip offers students a unique chance to deepen their faith, experience the beauty of Islamic traditions, and form lasting memories and friendships.

20-22 January

30 spaces available - Y7-13

Contact m.makda_mts@gemsedu.com for more information.

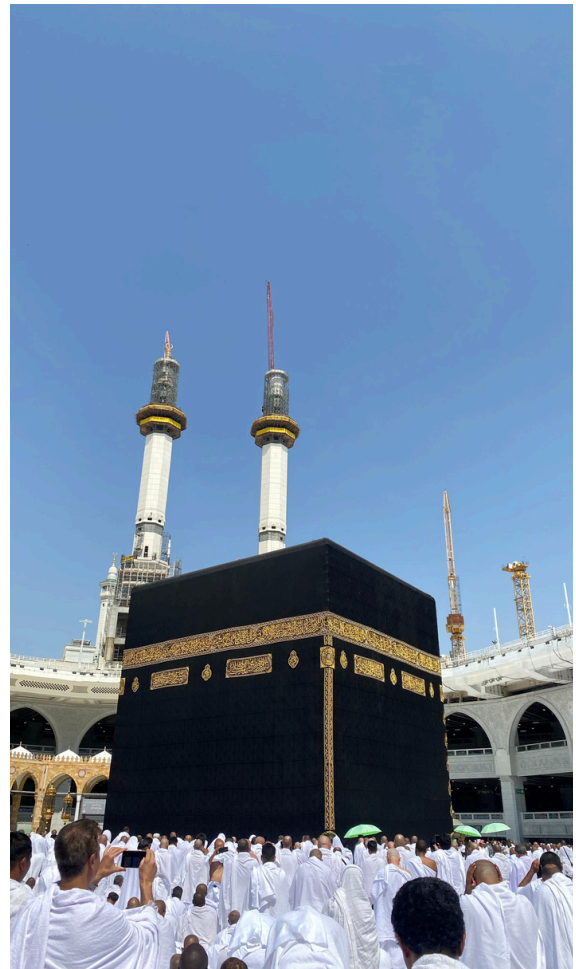
Senior Residential - Aventura Park

The program includes specially designed facilitated Team Building activities, where students learn how to set up camp, work together, and build meaningful connections. Students will also enjoy the obstacles on the Adventure Park ropes course, where they can improve their agility, build their self-confidence and have fun!

20-21 January

90 spaces available - Y10-13

650 AED



Prep Residential - Al Ain Adventure

Al Ain Adventure is the first whitewater rafting facility in the Middle East. Students will always be busy while utilising AL Ain Adventures air park, wave pool, adventure island and climbing wall.

22-24 January

80 spaces available - Y7-9

2050 AED

DAY TRIPS

Mohammed Bin Rashid Space Centre

Students get the chance to soar high at MBRSC and engage with the UAE's space science and exploration projects first hand. Among other topics about:

- Satellite manufacturing, launch and image monitoring.
- The ongoing work of MBRSC, with the chance to meet the centre's engineers and scientists, who work hard to make the UAE one of the most scientifically advanced countries in the region.

Tues - Prep (70 spaces)

Wed - Senior (70 spaces)

55 AED



Ferrari World

Ferrari World offers students a thrilling experience with world-class rides, racing simulators, and the excitement of the Ferrari brand. It's the perfect mix of adrenaline, technology, and unforgettable fun!

Tues - Y7-13

200 spaces available

200 AED including lunch



Science behind the scenes - IMG World of Adventure

Explore the science and engineering behind your favourite rides and experiences. Meet the engineers and designers to learn more about what they do then go on a behind the scenes tour of the theme park. Following lunch, there will be free time to experience the park.

Tues - Y9 only

150 spaces available

225 AED no lunch provided

Louvre Abu Dhabi

A trip to Louvre Abu Dhabi immerses students in world-class art, culture, and history, with stunning exhibits that span centuries and continents. It's a unique chance to explore masterpieces and gain a deeper appreciation for global heritage and creativity.

Tues - Y10-13

Wed - Y7-9

100 spaces available

40 AED

Real Madrid World

Step into the excitement of Real Madrid World! Experience thrilling rides, interactive exhibits, and the legendary spirit of one of the world's greatest football clubs. It's a dream destination for fans of all ages!

Mon - Y10-13

200 spaces available

200 AED including lunch

Aventura Forest Escape

A nature-focused, interactive adventure. This blends the excitement of a traditional scavenger hunt with modern gamification techniques, utilising GPS-based challenges that are deeply connected to the natural environment.

Tues - Y10-13

150 spaces available

260 AED

DAY TRIPS



Robotics: The Mars Rover Challenge @ EXPO City

This experiential session challenges students' creativity, critical thinking, and programming skills by redesigning and customising the Alif Mars Rover. Students complete a series of simulated real-world tasks; all the while demonstrating the crucial role robots play in our daily lives.

Wed - Y7-12

35 spaces available

50 AED

Hatta Hike

Explore the natural beauty of Hatta on an invigorating hike! Immerse yourself in stunning mountain views while boosting physical fitness, reducing stress, and enhancing mental clarity. Perfect for all levels, this adventure promises fresh air, scenic trails, and a refreshing way to recharge both body and mind.

Wed - Y7-8, 10-11

100 spaces available

30 AED (students should bring lunch)

Ethiad Museum

Discover the Etihad Museum, where history comes alive for Emirati students! Dive into the UAE's journey to unification through interactive exhibits and rare artefacts, gaining a deeper connection to the nation's heritage and values. A unique chance to celebrate pride in Emirati identity and history!

Wed - Y7-13 Emirati students

30 AED

Co Chocolate Experience

Indulge in the ultimate chocolate journey at Co Chocolate Experience! Discover the art of chocolate-making, from bean to bar, and savour rich, handcrafted flavours. Perfect for anyone with an interest in culinary arts, this tasty adventure blends learning with delicious fun, making it an unforgettable treat for chocolate lovers.

Wed - Y10-13

Thurs - Y7-9

25 spaces available

175 AED



Palm Viewing Platform and Kite Beach

Experience Dubai's iconic landscapes on a trip to the Palm Viewing Platform and Kite Beach! Gain a unique perspective of coastal geography, urban development, and sustainable design from above. Then, head to Kite Beach to observe natural coastal processes up close, making classroom concepts come alive.

Thurs - Y9

150 spaces available

100 AED

iPhone photography and drawing tour

KS4 Phone photography and on location drawing in Al Seef - spend the morning gathering images and sketching, back to school for an afternoon workshop using the sources gathered on site.

Wed - Y10-11

20 spaces available

20 AED

HALF DAY TRIPS

Al Serkal Ave Art Tour

Dive into Dubai's creative heart with an Alserkal Avenue street art tour! Explore vibrant murals, innovative installations, and contemporary galleries that showcase local and international talent.

Mon AM - Y12-13
20 spaces available
20 AED

Boxica Gym Class

Boost your fitness and energy at a Boxica gym class! Combining boxing techniques with high-intensity workouts, Boxica strengthens both body and mind, helping reduce stress, improve focus, and build resilience. It's the perfect way to get fit, feel empowered, and have fun.

Mon PM - Y12-13
Fri AM Y10-11
15 spaces available
100 AED

Lola Taberna Spanish lunch

Students will be introduced to the Spanish cuisine through a set menu created by the restaurant, this will expose the students to typical Spanish dishes, and challenge them to order their meals and drinks all in Spanish. Spanish entertainment will also be provided.

Wed PM - Y9
40 spaces available
170 AED



Alliance Française film and cheese tasting

Immerse yourself in French culture with a movie screening and cheese tasting at Alliance Française! Enjoy a classic French film, followed by a tasting of authentic French cheeses. It's a delightful way to experience French language, cinema, and culinary traditions all in one memorable afternoon.

Wed PM - Y9-13
90 spaces available
50 AED



Museum of the Future

Step into tomorrow with a visit to the Museum of the Future! This immersive experience explores groundbreaking innovations in technology, sustainability, and science, offering a glimpse into what's possible. Perfect for curious minds, it's an inspiring journey that ignites creativity and envisions a better world.

Fri AM - Y7-13
150 spaces available
100 AED

HALF DAY TRIPS

Van Cleef & Arpels L'Ecole Middle East

At the Van Cleef & Arpels School of Jewellery Design, students use gemologist's tools to examine colored and ornamental stones. In touching and manipulating the materials with their own hands, they become initiated into the world of jewellery design.

Thurs PM - Y7-9 - 12 spaces available tbc

Fri AM - Y10-12 - 12 spaces available tbc

200 AED

Community Service

Make a difference with community service around Dubai! Engage in impactful projects, from beach clean-ups to helping local charities, and gain a deeper connection to the community. It's a meaningful way to build skills, foster empathy, and contribute to a brighter, cleaner, and more inclusive city. Activities are still being decided and will be confirmed soon. Sign up now and look out for more details soon.

Everyday - Y7-13

Open availability

No cost



MASTERCLASSES

Masterclasses will take place over the whole week.

Marketing Entrepreneur

A balance of in-school and out of school activities where students look at marketing techniques at attractions around Dubai, then bring these back to school. On Friday, students will make an elevator pitch for 60 seconds on marketing. From creating a brand and marketing it, to maintaining a base through seasonal ups and downs.

Mon - Top Golf/Aquaventure

Tues - Wild Wadi

Wed - IMG World/Motiongate

Thurs - Sports Day

Fri - Dragons Den pitches

40 spaces available

950 AED

Video Editor

Unlock your creativity with a Video Editing Masterclass! Dive into hands-on activities like mastering transitions, colour grading, sound design, and adding special effects. Experiment with dynamic storytelling techniques and learn the secrets of professional-grade editing. From basic cuts to advanced visual effects, this masterclass equips you with the skills to captivate any audience and make every project shine!

Y7-13

40 spaces available

No cost

Ultimate Skiing

Hit the slopes and elevate your skills at the Ski Dubai! Dive into action-packed activities like slope training, avalanche safety, and freestyle techniques, all guided by expert instructors. Perfect for all levels, this masterclass blends skill-building with thrilling mountain fun. From carving your turns to mastering jumps, you'll leave with confidence, new friends, and unforgettable memories on the snow. Plus, it's the perfect primer to prepare you for the ski trip next year!

Y7-13

40 spaces available

Cost TBC



IN SCHOOL ACTIVITIES

Relax & Recharge: Exam Stress Relief with Mindfulness & Puppy Yoga

Take a break and tackle exam stress with this half-day session! Students will explore mindfulness practices, learn effective relaxation techniques, and unwind with the calming benefits of puppy yoga. Perfect for clearing your mind, reducing stress, and getting ready to tackle your exams with a refreshed focus!

Mon PM – Y11-13

60 spaces available

180 AED



Bon Appétit: French Cooking Class & Picnic

Indulge in a delicious day of French cuisine! Students will learn to prepare classic French dishes in a hands-on cooking class, then enjoy their creations in a relaxing picnic. Perfect for food lovers looking to savour both the art of cooking and the joy of dining outdoors!

Tues – all day

Y7-13

20 spaces available

100 AED



Sabor de España: Spanish Cooking Class & Picnic

Experience the flavors of Spain in this hands-on cooking class! Students will learn to create traditional Spanish dishes, then enjoy their culinary creations in a relaxed picnic setting. A delicious way to explore Spanish cuisine and enjoy good food with great company!

Thurs – all day

Y7-9

20 spaces available

100 AED



IN SCHOOL ACTIVITIES



Wizarding World Marathon: Harry Potter Edition

Step into the magical world of Harry Potter with a reading marathon! Students will dive into the iconic books, share their favorite moments, and immerse themselves in the magic of Hogwarts. Perfect for fans ready to relive the adventure and discover new magic together!

Tues & Fri – all day
Y7-13
Open availability
No cost

Mindful Reading Room: A Timeout for You

Take a peaceful break from the hustle and bustle of school with our Mindfulness Reading Room! Students can unwind in a cozy space, enjoy their favourite books, and recharge with some much-needed quiet time. A perfect way to relax and refocus during a busy week.

Wed – all day
Y7-13
Open availability
No cost

Tea & Treats: Afternoon Tea Preparation and Experience

Step into the elegant world of afternoon tea! Students will learn the art of preparing classic tea-time treats, from scones to finger sandwiches, and then enjoy their creations in a charming teatime experience. Perfect for anyone who loves the tradition of tea with a touch of elegance!

Fri AM
Y10-13
12 spaces available
100 AED

MasterChef Mystery Box challenge

Unleash your culinary creativity with the MasterChef Mystery Box Challenge! Students will test their skills using surprise ingredients to create unique dishes, all while competing for the title of MasterChef. Perfect for food lovers and aspiring chefs!

Mon PM – Y10-11
Wed PM Y10-11
8 spaces available
100 AED

MTS Walks - Fashion Show set up crew

Be part of the action as we prepare for the MTS Walks fashion show! Help with setting up the runway, organising outfits, and creating the perfect atmosphere for this glamorous event.

Fri AM
Y7-13 Invitation only
No cost

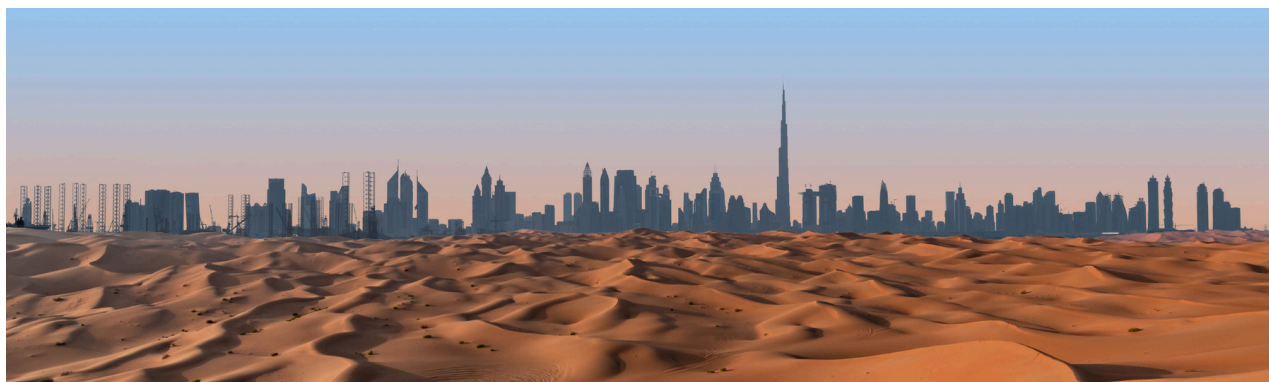




CONTACT DETAILS

If you have any questions or queries, reach out to the Trip Leader below or the Educational Visits Coordinator.

Educational Visits Coordinator	Alexandra Theodore-Gajraj	a.theodoregajr_mts@gemsedu.com
Sports Day	Gary Saunt Mike Lowery	g.saunt_mts@gemsedu.com m.lowery_mts@gemsedu.com
Umrah	Mohammed Makda	m.makda_mts@gemsedu.com
Video Editor Masterclass	David LeRoux Desta Stewart	d.leroux1_mts@gemsedu.com d.stewart_mts@gemsedu.com
Ultimate Ski Masterclass	Sarah Halforty Yvonne O'Hara	s.halforty_mts@gemsedu.com y.ohara_mts@gemsedu.com
Marketing Entrepreneur	Saqib Akram	s.akram1_mts@gemsedu.com
Senior Residential Palm Jumeirah and Kite Beach	Sarah Burns	c.burns_mts@gemsedu.com
Prep Residential MTS Walks	Vanessa White	v.white_mts@gemsedu.com
Real Madrid World Ferarri World	Jessica Storey	j.storey_mts@gemsedu.com



CONTACT DETAILS

Masterchef Mystery Box Afternoon Tea Co Chocolate	Faheema Abeebe	f.abeebe_mts@gemsedu.com
Al Serkal Ave Street Art iPhone Photography Louvre Abu Dhabi	Helen O'Donovan	h.odonovan_mts@gemsedu.com
MBR Space Centre Boxica Hatta Hike	Emma Flanagan	e.flanagan_mts@gemsedu.com
Harry Potter Marathon Reading Room	Sarah Halferty	s.halferty_mts@gemsedu.com
French picnic Spanish picnic Alliance Francais	Charlotte Curtis	c.curtis_mts@gemsedu.com
Lola Taberna Spanish lunch	Leena Bhantoo	l.bhantoo_mts@gemsedu.com
Ethiad Museum	Simon Fagg	s.fagg_mts@gemsedu.com
Science behind the scenes at IMG	Serena Walker	s.walker1_mts@gemsedu.com

SIGN UP

How do I register my children for activities?

Review this booklet before the **registration opens on Friday 15th November**.

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Please note: all three steps need to be completed to secure your child's place on the activity and it is strictly first come, first served.

GEMS Connect Online Payment Guide

GEMS Connect > Activities > School Activities

